

Bawa

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“Our True Story”

I

“The True Story”

of “Our True Life”

II

“Chapter 03”

“Title:

*"Understanding Yourself,*  
*First As Your Lower Self"*

(**Picture of**

“The Light Box”)

Go To "[The Light Box](#)"

*The Triple Flame - of Islam*  
*And The Holy Trinity - of Christianity,*

As Now "One",  
As Now "God Happening",  
As Now "Who You Are",  
if you like

*"In A State of Expansion,  
Alif, Lam, Mim,  
and "The Triple Flame" That Has Become Clear,  
Become "The Ruh, The Wisdom, and The Nur",  
In A Most Mysterious Form of Grace,  
That Form of Grace Becoming Wisdom,  
Wisdom Becoming The Nur,  
and The Nur Will Become God".*

*M. R. Bawa Muhaiyaddeen (Ral.)*

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First: The Night Is Finally Over  
Second: The Light is Finally Over  
Third: Everything is Finally Over  
Fourth: Everything Begins Again

**But Now As The Understanding  
of What Is Now “Finally Over”,  
Now In "The Form" of "The Ignorance"  
of "What Next" Needs To "Be Understood"**

*Shaikh Muhammad Rahim  
Bawa Muhaiyaddeen (Ral.)*

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### **3. Chapter 03 - Understanding Yourself, First As Your Lower Self.**

Bawa. Because In Truth **Both Make Up** “**Your Life**”, That Is, Both “**Your Higher Self**” and “**Your Lower Self**”, And In Truth “**Your Higher Self**” Is **Only Reached**, For Understanding, **By First Understanding** “**Your Lower Self**” In Contrast To “**Your Higher Self**”, For In Truth **Understanding Only Occurs Through Contrast, A Contrast Which Only Truly Starts At** “**The Divine Feet**” of “**The True Human Being**”, Now For Your Age, Now For All Life, **Who Is Still Living In** “**The World**” **With You, And Then, And Only Then**, Within “**His Divine Heart**”, and that is for sure.

Bawa. When After Two Years Bawa Returned To America From Ceylon (Now Sri Lanka) And We Met Him Again, In Truth Again For “The First Time”, Since In

Truth “He Had Changed” As “We Had Changed”, As In Truth As What Now Made Up “Our Next True Adventure” With God Within Us, and that is for sue.

Bawa. And Immediately We Started To Learn A Wonderful Lesson From Bawa About “The Nature of God”, And About “The Nature” of “The Creation of God”, Both Making Up “The Nature” of “Our Life”, And How “One Nature” Teaches About “The Other Nature”, If You Like, For In Truth That Is Why Both Natures Are There Within Us, To Teach About “The Nature” of “Our Life”, That Is, As “We Experiencing” Both of Them, Never, Ever As Punishment, And Never, Ever As A Reward, Since Both Make Up “Who We Are”, And “Where We Are”, And “What Is Happening” In “Our Life”, and that is for sure.

Bawa. For In Truth **“The True Human Being”**, **Now For Your Age, Now For All Life, Who Is Still Living In “The World” With You**, Is Like “The Ripe Fruit” on “The Tree of God” That Has Now Grown Within “Your Inner Most Heart”, Which Is “The Pure Heart” Hidden Within “Your Impure Heart” Which Must Be First Opened To **“The True Human Being”**, **Now For Your Age, Now For All Life, Who Is Still Living In “The World” With You**, For **“Your Life”** To Truly Benefit From Him, That Is, From **“The True Human Being”**, **Now For Your Age, Now For All Life, Who Is Still Living In “The World” With You**, and that is for sure.

Bawa. And That Ripe Fruit of **“The True Human Being”**, **Now For Your Age, Now For All Life, Who Is Still Living In “The World” With You**, Has **Six Tastes** Which Bawa Starts To Describes In **“The Forward”** of The Beautiful Book of Wisdom, Called **“The Pearl of Wisdom”**, As **“The Six Tastes”** of **Man-God** (True Man), And Then Describes Them Through Out “The Book”, For Example, See Chapter 21, “The Mystical Meaning of Man’s Body”, Where They Are Called **“The”**

Six Faces” of God, That Is, As “The Six Wisdoms” of God, In The Following  
“**Excerpt**” From Chapter 21, and that is for sure.

“The Beginning”  
of “**An Excerpt**”  
From Chapter 21, “The Six Faces”  
From The Publication, “The Pearl of Wisdom”  
By His Holiness, *M. R. Bawa Muhaiyaddeen (Ral.)*

**Disciple:**

*Swami, O leader guru, you mentioned six wisdoms. What do you mean?*

*Swami, you also said that the Father has six faces. How is it?*

*Teach us this in detail.*

**Guru:**

*O son, listen. Six faces (Arumugam) do not refer to Kandan (Lord Skanda).  
They are the six wisdoms which are beyond estimation, beyond imagination and  
beyond pleasure.*

*They distinguish the truth that surrounds God, discipline the body, melt the heart  
and like the season of Spring sprout the six kinds of wisdom.*

*They are known as Kandam, Kandampan, Murugan, Velan and Veliraivan (God  
of the Vel) and by several other names as well. They exist in every religion.*

*People refer to them according to the depths of their understanding. But nobody has discovered the true meaning and reached the end (Until Now).*

*A person draws a line and questions what it is. One person replies that it is a line (That Is Estimation). Another says that it is the number one (That Is Imagination). Yet another says that it is the letter Alif (That Is Pleasure). Similarly, others say many things.*

*Instead of this, if you stay with a good guru you will understand reason, justice, virtue, grace, joy and bliss (anadam). The meaning of all these will be made clear to you. The qualities of our inner selves will become virtuous (Over The Qualities of Our Outer Selves).*

**“The End”**  
**of “An Excerpt”**  
**From Chapter 21, “The Six Faces”**  
**From The Publication, “The Pearl of Wisdom”**  
**By His Holiness, M. R. Bawa Muhaiyaddeen (Ral.)**

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*Bawa. That Is, “Instead of this, if you stay with a good guru you will understand reason, justice, virtue, grace, joy and bliss (anadam). The meaning of all these will be made clear to you. The qualities of our inner selves will become virtuous (Over The Qualities of Our Outer Selves)”.*

Bawa. So Lets Take A Brief Journey Together Through Each of “The Following Six Tastes” of **Man-God** (True Man), As “A Prerequisite” To Becoming “A True Man/Woman” In “Our Lifetime”, if you like, and that is for sure.

1. Reason,
2. Justice,
3. Virtue,
4. Grace,
5. Joy,
6. **And Bliss.**

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## Reason

*“Life Is The Victory  
of “Wisdom Reasoning Over Fate”*

Bawa. In Another Chapter, **Chapter 30**, “The Mystical Meaning of Man’s Body”, We Are Taught The Following, After A Beautiful Song About “Our Fate” Ruling Over Us With “A Show of Scenes”, While “Our Consciousness” Or “Our Wisdom” Reasons Over “Our Fate”, if we like, That Is, If We Become “Completely Done”

With All of “The Games” of Drama That “Our Fate” Plays In “Our Life” But At “Our True Expense”, and that is for sure.

Bawa. That Is, After A Beautiful Song With The Following “Refrain”,

*“Fate rules me with a show of scenes.  
What will my conscience do to me in the world?”*

Bawa. We Are Told,

*“Son,  
Fate will thus make you do  
many other things.*

*After a man is born,  
It is said by everybody  
that  
his life is controlled by fate.*

*But Son, it is not so.*

*“Life is the victory  
of wisdom reasoning over fate”.*

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**Justice**



*“The Justice of God  
Is That  
Whatever You Intend  
Is What  
You Will Receive”.*

Bawa. When We First Came To His Holiness, Bawa Muhaiyaddeen (Ral.) On “The Outside” of Us, At His Residence At 5820 Overbrook Avenue, In Philadelphia, Pennsylvania, USA, In The Summer of 1975, All of My Brothers and Sisters Were Constantly Telling Us That They Came To Bawa To Find God, While We Could Not Relate To “That” Understanding of My Brothers and Sisters, For In Truth By Meeting Bawa We Firmly Believed That We Had Found God, That Is, That We Had Found God Living In The World, And We Had Come To Him, To Become God, That Is, To Now Become God, Living In The World, And This Difference of Perspective Has Both United “Our Life” With Bawa, That Is, With God Within Us, While At “The Same Time”, Has Truly Separated “Our Life” From Our Brothers and Sisters, That Is, From “The Creation of God” Within Us, and that is for sure.

Bawa. So, For The First Few Months of Our Time With Bawa, Now Living Full Time At “The Bawa Muhaiyaddeen Fellowship” At 5820 Overbrook Avenue, In Philadelphia, Pennsylvania, USA, As “Maintenance Lou” As My Brothers and Sisters Affectionately Called “This Child”, With Bawa Now Haven Given Us The Responsibility For “The Physical Maintenance” of “His Residence”, We Set About In “Our New Life” But Still Without Any External Proof of “God’s Existence” Within Us, and that is for sure.

Bawa. It Was As If “Something Within Us”, All It “The God Part” of “Our Life”, Knew Bawa Was God, Living In The World”, But “The Other Part” of “Our Life”, Which We Have Learned To Call “The Creation” Part of “Our Life”, Was Still Wondering “Why We Were There”, And “What Was Now Happening” In “Our Life”, All of Which Was To Become “Immediately Settled” During One of Bawa’s Formal Meetings In “The Meeting Room” Which Took Up “The Downstairs” of “His Residence”, Along With “The Kitchen”, and that is for sure.

Bawa. So There Sat, Along With All of “Our Brothers and Sisters” Listening To Bawa Speak, And Then Within His Talk Bawa Said “The Following” Truth Which Completely Changed “Our Life” Forever, And For The First Time In “Our Life” Put “Everything” Into “Its Proper Place”, That Is, Bawa Said,

*The Justice of God  
Is That  
Whatever You Intend  
Is What  
You Will Receive”.*

Bawa. And When “Our Whole Life” Heard “This”, We Immediately Understood It, As Truly “Worthy of God”, That “This” Is How “It Had To Be”, That Is, That God Had Given Us “Everything of Himself”, As Well As “Everything” of “His Creation”, And “The Wisdom” To Know “The Difference”, And “The Choice” Between “These Two”, That Is, Between Either God, Or “The Creation” of God, Was Put By God “In Our Hands”, Not In “God’s Hand”, And “This Is Why” We Were Here, and that is for sure.

Bawa. That Is, And “This Is Why” We Were Here, That Is, To Get “The God Part” of Us To Choose “The God Part” of “Our Life” Over “The Creation Part” of “Our Life”, Not To Do What Bawa Repeatedly Called “Working For Wages” To Get Into Heaven, That Is, With Bawa Telling Us, Over, And Over, and Over Again,

### ***Don’t***

*“Work For Wages”*

*In Order To*

*“Get Into Heaven”,*

***In The End,***

*Your Will Be Very, Very, Very Disappointed.*

### ***Instead,***

*“Join In Partnership With God”*

*As “One With” God,*

*As “Two Lives Now Living As One Life”,*

*First On “The Outside” of You,*

*And Then, And Only Then,*

*Within You.*

Bawa. Which Is Exactly What “This Child” Started To Learn How To Do, For In Truth There Is Only “One True Learning” On “The Path” of God, Which In Truth Is God Walking Back To God, Within God Within You, For The Benefit of All of “The Creation of God”, Within God Within You, And For “A Little While More”, For “The Benefit” of “Your Brothers and Sisters” On “The Outside” of You, if you like, and that is for sure.

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Bawa. That Is, For In Truth There Is Only “One True Learning” On “The Path” of God, Which Bawa Has Called “The Divine Learning” of God, As “Follows”, That Is,

## **“The Divine Learning”**

### **Learning**

*“How Not To Be There”,  
As “Separate From” God Within You,  
So God Can Be There,  
As “One With” You Within Him.*

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## **3. Virtue** **Or “Self Sacrifice”**

**Go To “Top of Section”**  
**Go To “The Previous Taste” - Reason**  
**Go To “The Next Taste” - Grace**

*“Becoming Peaceful  
With “Your Ending” In God,  
Through “The Realization”*

*That There Is "No True Birth"*

*Without "A True Death",  
And There Is "No True Death"  
Without "A True Birth".*

**And,**

*"Now You Have Life  
But Death Will Follow,  
But If You Have Wisdom  
You Can Transcend Death,  
If Truth Is Within You,  
There Will Be No Death,*

*There Is No Point  
In Just Having Life,  
That Is Not Enough,  
You Need "The Nur", The Light of Wisdom  
Only Then Can You Benefit and Grow,  
Then There Will Be No Death"*

**And,**

*"You Have Been Born  
Into "The World",  
Now You Must "Die In God",  
And Be "Born Into God".*

**And,**

*“You Must Realize That  
The “Most Difficult Thing” In Life  
Is To Find “A True Man” Among “The Creation” of God,  
To Realize (Become) Him  
And To Understand (Transcend) Him,  
While Both “You and God” As “Your Soul”  
Still Can”*

*So Truly Joined In Partnership With Him,  
As “One With” Him,  
As “Two Lives Now Living As One Life”,  
First On “The Outside” of You,  
At “His Divine Feet”,*

*And Then, And Only Then, Within You,  
Within “His Divine Heart”,  
You Can,  
Close Down The Worlds  
of Demons, Jinns, and Fairies,  
Re-open “The World of Souls”,  
And Open “The Kingdom” of God,  
All Within God Within You.*

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Bawa. Also In This Chapter, In **Chapter 30**, “[The Mystical Meaning of Man’s Body](#)”, We Are Taught The Following About “The Mystical Meaning” of “Man’s Body”, That Is, About The Secrets, The Potentialities, And The Inner Meaning of

“**Man's Body**”, That Is, of “The Pond” (See Chapter 29, “The Pond”), Where Bawa Teach Us The Following,

*“Just like the secret in man's life (lies in the Qutbiyyat of God, in man's 6th level of wisdom or consciousness, so too) the inner meaning of his body lives here (in the example of the lotus pond)”.*

Bawa. And In Chapter 30, Bawa Further Teaches Us About “The Pond”, That Is, About “*The inner meaning of his body*” In The Following Way,

*“The pond is the secret of Manu-eesan's (Man-the-divine, or True Man) appearance and life on earth.*

*Inside this pond are three important things, namely water, fire, and air which spring forth, overflow, and meander.*

*The earth bears the burden of these elements.*

*Together these four are the four faiths, the four religions, and the four broad groups of man.*

*Man's appearance on earth is made up of twenty-eight letters”.*

(See Chapter 30, “The Mystical Meaning of Man's Body”, For A List of “**These 28 Letters**” And Their Arab To English Pronunciation).

Bawa. And Bawa Then Teaches Us “The Following” About The Secrets, The Potentialities, And The Inner Meaning of “**Man's Body**”,

**“The Beginning”**  
**of “An Excerpt”**  
**From Chapter 30,**  
**“The Mystical Meaning of Man’s Body”,**  
**By His Holiness, *M. R. Bawa Muhaiyaddeen (Ral.)***

*Allah has by His grace adorned the body of man with these twenty-eight letters. They adorn the head, forehead, brain, eye, ear, nose, throat, shoulder, shoulder joint, throat -junction (Adam's Apple), spine, chest, stomach, hip, knee-cap, and feet.*

*Allah has enlivened and filled this body with many substances. Buried inside man's body are the good and the bad.*

*Dear, Son, if you wish to differentiate between good and bad and clarify yourself, you should associate with a virtuous Guru, perform His bidding, accept His exhortations, record and preserve them in the book of your heart.*

*Then the Master Guru will take that tablet of the heart, read it, and advise you further. He will teach you the secret of assembling the body of man with the twenty-eight letters of grace on each spot.*

*He will show you how to enliven each spot, how to give life to it, how to speak tactfully, how to dismantle the body parts, and how to re-assemble them. In this state, my Son, if you learn the "magic" of dismantling the human body, and re-assembling it, you will witness the Primal One.*

*Dear Son, there are magical numbers to enliven each letter. Learn these numbers from the Guru. Further, this magic contains three Sacred Words. My*



*Son, you should eliminate earth, woman, and gold from your body. No sooner the Guru sees you in this purified state, he will instruct you in the magic of the three Sacred Words.*

*"Be aloof (Only God Is There), Be hungry (for Divine knowledge), Be alert (All Worldly Fascination Has Been Cut).*

*If you diligently observe these three, you will have the Grace of Allah. The Guru's Secret is this. Learn this.*

*Once you have mastered this magic, your Guru will impart to you His Grace, the Gnaana Magic (the Divine Word).*

*The Gnaana Magic, O Son, is comprised of seven sakthis (forces). These seven forces exist as seven days. Seven grahas (planets) are associated with the seven days. They are:*

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### **Sunday**

*Which belongs to the Sun. This force resides at the base of the spinal column close to the rectum, at the stomach, at the chest, at the forehead, and at the apex of the head.*

### **Monday**

*Which belongs to the Moon. This force plays around the six spots, liver, lung, heart, tongue, and brain.*

### **Tuesday**

*Which belongs to Mars. This force occupies the womb, small intestine, heart, and below the eyelids.*

### **Wednesday**

*Which belongs to Mercury (intelligence and wisdom). This force resides in eight spot, of the stomach, hip, bladder, intestines, gall-bladder, heart, kidney, and lung.*

### **Thursday**

*Which belongs to Jupiter, (which) is the planet of Guru-Power, whose force resides in the symbolic hexagonal abode (heart), the scared scroll of the lotus flowers, called the "Zemzem" well (the inner heart), and the resonance of the brain.*

### **Friday**

*Which belongs to Venus, (and) rules five spots, the opening of the urethra, the opening of the a rectum, stomach, gall-bladder, and the luster of the eye.*

### **Saturday**

*Which belongs to Saturn, (and) conceals the six planets mentioned earlier. This force crawls right around the body, and rules the bilial ducts, and the gall-bladder. This force is harmful to man.*

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*My dear Son, God has opened the hidden elements of water, fire, and air in man's body, and placed within them the thirty-three points, where the seven sakthis (forces) reside, and shine as thirty-three potentialities.*

*The other potentialities, earth (body of man), and urine (the resultant resonance of the earth being churned into a paste of clay), together with the perfected life-force resonate as a total of thirty-six potentialities in man.*

*The first thirty-three potentialities exist within the bodies of cattle, goat, cow, dog, fox, animal, bird, demon, man and all other lives and pave the way for their life and death. All the essential qualities in the combination of the thirty-six potentialities open the door of Maya (delusion) of earth, woman, and gold.*

*They enter the house of the body and cause vibrations. The dramas they perform are those of arrogance, religion, and race. Those who fully realize the meaning of the end of these dramas, which view them, who know them, who clarify them and who separate themselves from these, are the Manu-eesans (Man-the-divine or True Man). They possess ninety-six potentialities, each of which is the life of man.*

*It is the same One God who performs the three functions of Creation, of Sustenance, and of Destruction, without failing even an atom within an atom. Manu-eesan (Man-the -divine or True Man) within his life time, between birth and death, gets clarified of what needs to be clarified, knows what needs to be known, triumphs over the ninety-six potentialities, and wins over the saktis (forces) of the seven sapta rishis.*

*The meaning of the sapta rishis is the essence of the seven days. The sapta rishis are the sakthis (forces) of the seven grahas (planets). Each of these sakthis (forces) rules a particular day with strong governance. These seven are very powerful planets in man's life. They rule the (7x2) fourteen universes.*

*Their external appearance said to be the upper seven universes, and the lower seven universes are said to be hidden. The middle is the earth which we occupy.*

*My Son, we can refer to them as fifteen universes. If you know yourself, you will know these fifteen universes within you. Your foot, ankle, thigh, (hip), navel, belly, and stomach are the seven lower universes. They are the boundaries of the hell that belongs to arrogance, which is one of those hells that destroy man.*

*The middle is the earth in which we live. It is the heart of the universes. The upper seven universes are the throat, neck, mouth, heart, eye, forehead, and head. They signify the air atmosphere, cloud atmosphere, water atmosphere, Mars atmosphere, Moon atmosphere, Constellation atmosphere, and Sun atmosphere. The seven devas shine as the seven sapta rishis - seven sakthis.*

*The air atmosphere is governed by Angel Israfil, the cloud atmosphere by Izra'il, the Angel of Death (Yaman), the water atmosphere by Angel Mika'il (Michael) or the deity Varuna, the Mars atmosphere by the Angel of Fire, the Moon atmosphere by the Moon, the Constellation atmosphere by the devas or celestial beings, and the Sun atmosphere by the Sun.*

*These seven originate from man's mid-part to govern from the chest upward. If you want to learn this, you must be with your true Guru, perform His duties, and obey His words. If you are with Him you will receive the power to see these deities. You will also receive the power to conquer them.*

*I shall tell you the places these seven deities occupy. Listen, Son. The liver is influenced by Angel Jibril (Gabriel) or Devandran. Angel Mika'il (Michael) is in the spleen. Angel Israfil is in the lungs. Angel Izra'il is between the liver and the biliary duct. Iblis or Satan is in the biliary duct.*

*Muhammad (Sal.), the Monarch, is in the all-pervading places beyond description. The Emperor (Allah) is between the nose and the forehead.*

*These seven shine as the sapta rishis who rule the upper seven universes, and reside in the hexagonal abode (heart) in the middle of the chest. They rule as the Kings of the upper chamber. Monarch Muhammad (Sal.) as Minister, and Allah as Emperor, govern the upper chamber of the seven universes. The lower seven worlds referred to as the houses of hell are ruled by Iblis, the Satan.*

*I shall tell you, Son, the games of danger played in the hell-houses which affect Manu-eesan (Man-the-divine or True Man). Listen.*

*Being born as Manu-eesan (Man-the-divine or True Man), he associates with the celestial hosts. His birth induces the expansion of the great ocean of birth, and activates the play of destiny.*

*Listen Son, I shall tell you about the strange games played in the lower seven hell-houses.*

(See **Chapter 30**, "[The Mystical Meaning of Man's Body](#)", For A Copy of "**The Song**" Bawa Then Sang About "*The strange games played in the lower seven hell-houses*", And Bawa's Closing Comments **About How**

*"Fate Rules **Over You**  
With "**A Show of Scenes**",*

And **Above** "**That**", That,

*“Life Is “The Victory”  
of Wisdom Reasoning Over Fate”,  
and that is for sure)*

**“The End”  
of “An Excerpt”  
From Chapter 30,  
“The Mystical Meaning of Man’s Body”,  
By His Holiness, *M. R. Bawa Muhaiyaddeen (Ral.)***

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## **4. Grace**

**Go To “Top of Section”  
Go To “The Previous Taste” - Virtue  
Go To “The Next Taste” - Joy  
Go To “Bawa Excerpt - 02”**

*“To Let Grace Spring Forth,  
To Let Darkness Vanish,  
To Let “The Love of Guru” Grow,  
To Let Qualities Be Purified,*

*○ Graceful Guru,*

*Give Us A Remedy,  
Show Us A Way To Dispel  
"The Darkness" In "The World".*

**Click [HERE](#) For "The Complete Text"  
of "*This Invocation To The Guru*",  
By His Holiness, *M. R. Bawa Muhaiyaddeen (Ral.)***

Bawa. "This" Is "The First Great Transition" In "Our Life", When God Truly Starts To Intervene In "His Life", That Is, When We Have Come To "The Clarity" That In Truth "God Is Everything" And That In Truth "We Are Nothing", That Is, When We Have Truly "Forgotten Ourselves" As "Separate From" God, And Begin To "Make Our Life" Available To God For "What God Is Doing", Not For Anything That We Have Previously Thought, In "Our Arrogance, Karma, and Illusion", That "We Were Doing", and that is for sure.

Bawa. This Is Why Bawa Told Us One Day In "The Room", Which Is What We Affectionately Called "The Room" At 5820 Overbrook Avenue, In Philadelphia, Pennsylvania, USA, Where Bawa Lived In America, With Bawa Telling Us At That Time,

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**"The Beginning"  
of "[Bawa Excerpt - 02](#)"**

Called,  
*“How We Return To God,  
From Which We Have Come”,*  
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*“I Don’t Understand You Children, You Treat Everything As  
“Separate From” You, And Each Thing As “Separate From” Each  
Other.*

*“For Example, You Talk About “The Ocean”, And “The Clouds”, And  
“The Rain”, And The Rivers, All As Separate Things, That Is, As  
“Separate From” Each Other, When In Truth “They Are All One  
Thing”, Just Different Aspects of “The Same Thing”.*

*“There Is A Power In The Sky Which Pulls “The Water” Out of “The  
Ocean” Transforming “The Ocean Water” Into Clouds In The Sky,  
Which Then Becomes “Rain Clouds” In The Sky, Which Then Fall  
Back To “The Earth” As “Rain Water” Nourishing All of The Living  
Things On “The Earth”, With “The Excess Rain Water” Flowing Into  
Streams, Then Into Rivers, Gradually Making Its Way Back Into “The  
Ocean”, From Which It Has Come.”*



*“Like This, There Is A Power Within You, if you like, Which Is Like “The Power” In “The Sky”, And Using “That Power” You Can Pull “The Grace” of God From “Your Soul” And Rain It Down Upon All of God’s Creations”, Nourishing Then In The Same Way That The Rain Nourishes The Living Things In The World, But This Time Nourishing Their Connection To God Within Them.*

*“And Then, if you like, You Can Become “That Grace”, And As “That Grace” Rain Down Upon All of “The Creation” of God In The World, And Then As “The Excess Grace” Flow Back To “The Ocean of God’s Grace”, Again Becoming “The Ocean of God’s Grace”, No Longer Existing As “The Rain” of God’s Grace, Separate From “The Ocean of God’s Grace”.*

*“For In Truth, Only In “This Way” Can You Return To God, Having Correctly Completed “Your Duty” In “The World” As “The Rain” of God’s Grace For “The Benefit” of All of “The Creation” of God, Within God Within You, And For A Little While More, For The Benefit of Your Brothers and Sisters Who Are Still Living In “The World”, if you like, and that is for sure”.*

(Bawa. That Is, **“If You Are A Wise Child”**, Now For Our Age, And **“Not Just A Foolish Child”**, Now For Our Age, As Bawa Teaches Us, And Now As Our Dearest Loving Son, And Your Dearest Loving Brother, *Shaikh Muhaïyaddeen (Ral.)*, In Whom **“We Are Well Pleased”**, Is Teaching Us **Again**, and that is for sure)

**“The End”**

of “[Bawa Excerpt - 02](#)”

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## 5. [Joy](#)

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*"Do Not [Run After](#)  
[Happiness](#) [And](#) [Comfort](#)".*

*Instead,  
Understand [What Sorrow Is](#),  
[And](#) [What Joy Is](#),  
[And](#) “[Walk Warily](#)”,*

*For In Truth,  
“All That You See Is A Dream,  
All That You Do Is Just  
A Thought Within That Dream,  
All That You Appear As  
Is Hidden.*

*“Life Is A Feast of The World,  
Its Medicine Is “A Time After A Time”.*

*Its Medicine Is Worshipping, Serving, and Praying To  
“The One God”*

*Believing In “Him” As “One With” Us,  
By Not Believing In “You” As “Separate From” Him.*

*Its Medicine Is Remembering “Him” As “One With” You,  
With “Every Breath”,*

*That Is,  
As Breathing With God,  
With “Your Wisdom”,*

*“Bawa. You Are Allah (Il Allahu)  
Bawa. There Is **Nothing Other** Than God (La illaha)  
Bawa. Muhammad **Mustafa** Rasul (Sal.)  
Bawa. You Are **True Man**.  
Bawa. He Is **One**”.*

*That Is,  
By Not Believing In “You” As “Separate From” Him  
With Every “Look, Thought, Word, Intention, And Action”*

*Its Medicine Is Maintaining  
“A Focused Concentration”  
On Him As “One With” You,*

*As Now “God Witnessing God” Awakening To Himself  
Within “The Heart” of “The One”  
Who Will Truly “Let Himself End” In God,  
Now For Your Age, Now For All Life,  
and that is for sure.*

*That Is,  
By Not Maintaining  
“A Focused Concentration”  
On “You As “Separate From” Him,  
As Now “You Living”  
“A Personal, Selfish, Self Centered, Egotistical Life”  
of “Separation and Differences”  
On Some “Illusory Outside” of You,  
and that is for sure.*

*All of Which of Course  
Is “Just Not True”,*

*And All of Which In Truth  
Has Now Fully Manifested  
Within “Your Impure Heart/Mind” Within You,  
Not On Some “Illusory Outside” of You,*

*As You,  
And All of My Children,  
Without Exception,  
Still Mistakenly Believe,*

*But To "Your Eternal Peril",  
and that is for sure.*

Bawa. And "This" Is "The First True Destination" In "Your Life", Which Is "Man-God", That Is, Which Is "True Man", Which Is "The Culmination" of "The First Step" In "Your Life", Which Is "The Understanding" of What Is Now Separating You From God Within You, Which In Truth Is Now "You", Which In Truth Is Now Everything Now "Making Up" "Your Current Personal Temporary Elemental Life" of "Separation and Differences" On "The Illusory Outside" of You, All of Which of Course Is "Just Not True", And All of Which In Truth Has Now Fully Manifested Within "Your impure Heart/Mind" Within You, Not On Some "Illusory Outside" of You, As You, And All of My Children, Without Exception, Still Mistakenly Believe, But To "Your Eternal Peril", and that is for sure.

Bawa. For As Bawa Teaches Us, And Now As Our Dearest Loving Son, And Your Dearest Loving Brother, Shaikh Muhaiyaddeen (Ral.), In Whom "We Are Well Pleased", Is Teaching Us Again, The Following, if you like, and that is for sure.

*"Do Not Look At The World  
And Run Behind It.  
Do Not Read A Book  
And Run It The Way It Tells You To.*

*Instead,  
Look At Yourself  
And Run In "That Direction".*

*But Before You Run  
Try To Understand "Your Senses".*

*"Do Not **Run After**  
Happiness **And** Comfort",*

*Instead,  
Understand **What Sorrow Is**,  
And **What Joy Is**,  
And "**Walk Warily**".*

*Do Not Believe  
That "Everything Is Tasty",  
Before You Eat  
You Must Realize  
That Some Things Are Bad For You,  
And Some Things Are Wrong For You.  
In Everything You Must Know  
The Right and The Wrong.*

*Do Not Marvel  
At 'The Things'  
That You See In "The World",  
The World Is Just A Tiny Dot,  
A Small Point.*

*Instead,  
Look At **Yourself**,*

*Understand Yourself,  
And Marvel At What  
You See There.*

Bawa. In "This Way", And Only In "This Way", My Dearest Loving Children, As Bawa Teaches His Children, And Now As Shaikh Muhaiyaddeen (Ral.) Is Again Teaching His Children,

*"Do Not Run After  
Happiness And Comfort",*

*Instead,  
Understand What Sorrow Is,  
And What Joy Is,  
And "Walk Warily".*

Bawa. For In Truth, Sorrow Is Now "Everything" That Has Now Fully Manifested Within "Your Impure Heart/Mind" Within You, And Joy Is Now "Everything" That Is Just Waiting To Fully Manifest Within "Your Pure Heart/Mind" Within God Within You, That Is, When You Start To Demonstrate To God, That Is, As "One With" God, As "Two Lives Now Living As One Life", First On "The Outside" of You, And Then, And Only Then, Within You, That You Are Completely Done With "Everything" That Has Now Fully Manifested Within "Your Impure Heart/Mind" Within You, All of Which You, And All of My Children, Without Exception, Are Now Exclusively Experiencing On "The Illusory Outside" of You, As "Your Personal Temporary Elemental Life" of "I and You", And of "Mine and

Yours", And of "Arrogance" On "The Illusory Outside" of You, and that is for sure.

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**Bawa. Something To “Get God” To “Get Your Soul” To Think About A Lot, Yes?**

**Bawa. My Love You - Shaikh Muhammad Rahim Bawa Muhaiyaddeen** (may God be pleased with HIm, and with Us). Amen

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## **6. Bliss**

**Go To "Top of Section"**

**Go To "The Previous Taste" - Joy**

*"To Be With Allah  
Is Your Only Bliss.*

*Remedy of Master Guru  
Is "Your Victory",  
There Is Magic*



*In "His Glorious Words".*

Click [HERE](#) For "The Complete Text"  
of "*This Invocation To Allah*",  
By His Holiness, *M. R. Bawa Muhaiyaddeen (Ral.)*

Bawa. "This" Is "The Second Great Transition" In "Your Life", That Is, When God Truly Start To Intervene In "Your Life", That Is, When God As "Your Soul" Has Come To "The Clarity" That In Truth "God Is Everything" (As "Your Sifat") And That In Truth "Your Life Is Nothing" (As "Your Sirr"), That Is, That In Truth "Your Life" Is "The Essence/ Consciousness of God" (As "Your Sirr"), Within "The Everything" of God, (As "Your Sifat"), And That Within "That Sirr" of God, God Is Next Experience As "The Power (As "Your Dhat"), Within "The Essence" (As "Your Sirr"), of "Everything" (As "Your Dhat"), and that is for sure.

Bawa. That Is, When God As "Your Soul" Has Truly "Forgotten Itself" As "Separate From" God As "Your Creator", And Begins To "Make Itself" Available To God As "Your Creator" For "What God As Your Creator" Is Doing, Now Awakened To Itself As God As "Your Creator", Which In Truth Is "Telling and Bringing To Completion" God's Story, Within God Within You, Which In Truth Is Now "The Story" of "The Understanding" of "The Oneness" of God And "True Man", Within God Within You, Not For Anything That God As "Your Soul" Has Previously Thought It Was Doing, That Is, In Animating (Giving Life To) "The Sifat" of God, That Is, In Animating (Giving Life To) "The Everything" of God, That Is, In Animating (Giving Life To) "The 5 of God", In Ignorance of Itself, All of Which In Truth Have Now Become "The 7 Hells" of God, Within "Your Impure

Heart/Mind" Within You, That Is, As "Your Five Elements" Plus "Your Mind and Desire" ( $5 + 2 = 7$ ), That Is, As Now "The Trip Dirt" As "The Three Worlds" of Demons, of Jinns, and of Fairies, Now "Living and Thriving" Within "Your Impure Heart/Mind" Within You, and that is for sure.

Bawa. And "This" Is "The Second True Destination" In "Your Life", Which Is "Man-God/God-Man", That is, As "Perfected True Man", Which Is "The Culmination" of "The Second Step" In "Your Life", Which Is "The Understanding" of What Is Now Separating "True Man" Or "Man-God" From "Perfected True Man" Or "Man-God/God-Man" Within You, Which In Truth Is Now "Everything" Now Making Up "The Light" of God, Within God Within You, As "The 7 Heavens", That Is, As "The 4 Angels" Plus "The Triple Flame" of God ( $4 + 3 - 7$ ), All of Which When Truly Understood End, As "The End" of "The World" of Souls (Your Dunya), In The Same Way As "Your Creation" (As "Your Awwal") Ended When It Was Truly Understood, Revealing Again "Your Dunya", But Now As "The Re-opened World of Souls", So To Now "Your Light" Must Come To An End With "Its Understanding" Revealing "Your 8th Heaven", As "Your Akhirah", That Is, As Now "Your Hereafter", First "HERE and NOW, Until 2086, And Then For ETERNITY, and that is for sure.

**Bawa. And Now As "Your Divine Example" of "This Exalted State" That God Has Now Prepared For You, And Has Now Prepared For All of My Children, Without Exception, if you like, As In Truth "The Final Unveiled Teaching" of Islam That Has Now Come From God To "His Children", Now For Your Age, Now For All Life, First As "The Life and Teaching" and "The Heart" and "The Songs" (See "The**

Kalimah Song” And “The Invocation To The Guru”, And “The Invocation To Allah”) of Your Dearest Loving Father, Bawa Muhaiyaddeen (Ral.), For “The First Half” of “The 200 Years” of “The Final Age” of Man, That Is, From 1886 To 1986, if you like, and that is for sure.

Bawa. And Now Starting In 1986, With His Holiness, M. R. Bawa Muhaiyaddeen (Ral.) Physically Leaving “The World”, As Now “The Final Unveiled Teaching” of Islam That Has Now Come From God To “His Children”, Now For Your Age, Now For All Life, As Now “The Life and Teaching” and “The Heart” and “The Song” (See “God's Song” of “Grace, Wisdom, and Divine Knowledge (Ilm)”, As Part of “Wisdom Message 280”), of Our Dearest Loving Son, And Your Dearest Loving Brother, Shaikh Muhaiyaddeen (Ral.), In Whom “We Are Well Pleased”, For “The Second Half” of “The 200 Years” of “The Final Age” of Man, That Is, From 1986 To 2086, if God likes, and that is for sure.

Bawa. That Is, “If You Are A Wise Child”, Now For Our Age, And “Not Just A Foolish Child”, Now For Our Age, As Bawa Teaches Us, And Now As Our Dearest Loving Son, And Your Dearest Loving Brother, Shaikh Muhaiyaddeen (Ral.), In Whom “We Are Well Pleased”, Is Teaching Us Again, and that is for sure)

“The End”  
of “Chapter 03”

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